

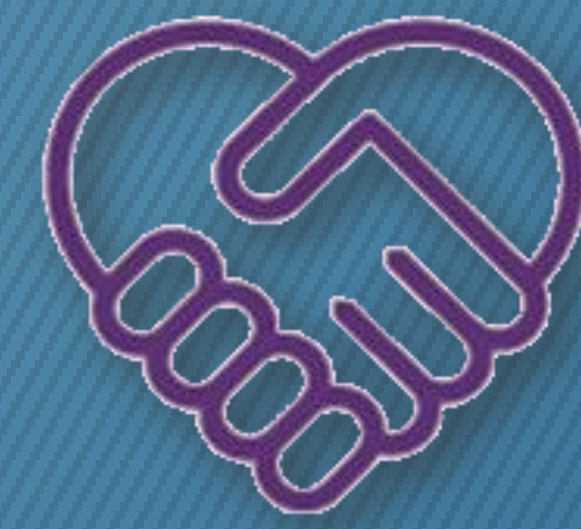
# Beyond recovery: towards a rights-based mental health care

- Political advocacy
- Participative research
- Mental health rights guidelines
- Workshops for professionals
- Practice toolboxes
- Coercion reduction



Rights and Mental Health: Transforming attitudes, demanding commitments

There is no recovery without rights



Appearance before the Catalan Parliament

## Strengthening our social basis

- Global mapping
- Proactive search of new groups
- Advise, inform and accompany
- Mental health activism activities
- Administrative support



# VEUS

## Catalan Federation of 1st Person Mental Health Organisations

Associació Pro Salut Mental de Catalunya

## Peer support projects

- Participation in policymaking
- International comparative
- Participative process
- Train the trainers
- Peer support work implementation



## Main collaborations

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